

— LFI —  
ENDANGERED  
FORESTS  
GUIDED  
TOURS

SUNSHINE COAST, BC

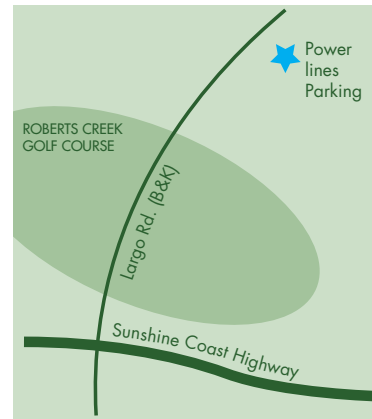


## The Elphinstone Health Trail

Hike an amazing section of the Elphinstone Health Trail that connects up Mt Elphinstone Park's biological islands. Traverse underneath an intact rainforest that crosses several creeks and streams. Your guide will help you identify tree and plant species. Come celebrate the 10th year anniversary of the Health Trail's completion.

**SUNDAY, SEPTEMBER 5, 2021**  
**9:30AM – 12:30PM**

Meet at the powerlines on the B&K (Largo Rd), rain or shine. Bring a friend, water, snacks, and questions. Wear good hiking shoes. Level of difficulty is moderate - incline with some steeper sections. Participation is at your own risk and by donation if desired. All ages are welcome.



*We acknowledge that this forest is within the traditional territories of the shishálh (Sechelt) Nation and subject to aboriginal rights and title.*

### WHY THIS FOREST MATTERS

Currently, the shishálh Nation and BC government are negotiating a land use plan for the shishálh's swiya (traditional lands). Both parties are aware of the community's desire to have more of the Elphinstone forests protected. The need for connectivity remains high and is critical to an expanded protected area.

There could be future logging proposals put forward by BC Timber Sales between the three small parks, creating "islands of extinction", a devastating impact on the little that remains of the Sunshine Coast's forests and ecosystems.

### About the Summer Hiking Program

Produced in collaboration with and guided by **Elphinstone Logging Focus**, and generously sponsored by **Empowered Healers Academy**, the program connects you with the lower Sunshine Coast's threatened natural forests and explains why their protection is so critical at this time of climate and biodiversity crises and what can be done to conserve them.



[loggingfocus.org](http://loggingfocus.org)

Visit [www.livingforestinstitute.ca](http://www.livingforestinstitute.ca) for details on this hike and other upcoming events.

