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ENDANGERED
FORESTS
GUIDED
TOURS

SUNSHINE COAST, BC

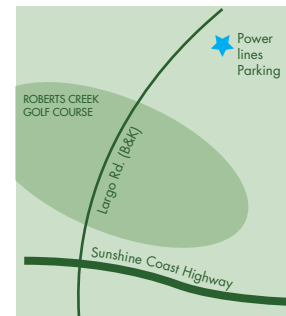
Clack Creek Forest Revisited: The Mended Heart Trail

Calling all hearts back to the Clack Creek Forest, (aka the Forest of a Thousand Hearts) to hike a re-routed trail around the 2020 clearcut.

Learn about the plants and animals that make up this rare Coastal Western Hemlock dry maritime ecosystem. See the endangered snow bramble and an excellent example of a mature Douglas-fir stand, thanks to our collective efforts to stop a larger clearcut from occurring. Experience what was and what is of this mature native forest within the proposed Mt Elphinstone Park expansion area.

SUNDAY, JULY 11, 2021
9:30AM – 12:30PM

Meet at the power lines on the B&K (Largo Rd), rain or shine. Bring a friend, water, snacks, and questions. Wear good hiking shoes. Level of difficulty is moderate - incline with some steeper sections. Participation is at your own risk and by donation if desired. All ages welcome.



We acknowledge that Clack Creek Forest is within the traditional territories of the shishálh (Sechelt) Nation and subject to aboriginal rights and title.

WHY THIS FOREST MATTERS

What is left of Clack Creek Forest is critical to connecting Mt. Elphinstone Parks #2 and 3, allowing the safe movement of animals such as the Roosevelt Elk, as well as the preservation of blue (of special concern) and red-listed (endangered) flora and fauna. Left unprotected, this forest's stands of the largest Douglas-firs could still be logged. An enlarged Mt. Elphinstone Park is the lower Sunshine Coast's last and best opportunity to conserve at least one sizeable low elevation native forest for our future.

ABOUT THE SUMMER HIKING PROGRAM

Produced in collaboration with and guided by Elphinstone Logging Focus (loggingfocus.org), and generously sponsored by Empowered Healers Academy (empoweredhealersacademy.com), the program connects you with the lower Sunshine Coast's threatened natural forests and explains why their protection is so critical at this time of climate crisis and what can be done to protect them.



Visit www.livingforestinstitute.ca for details on the full Summer Hiking program including Sunday hikes on July 18 and 25 and August 22 and 29.

